

American Society of Botanical Artists
19th Annual Meeting and Conference
Pittsburgh, 2013

Just a Simple Flower

Sarah Roche

Saturday, September 28

1:00 pm – 4:00 pm

Wyndham, Shadyside

An exercise in Washes, Glazes and Dry Brush.
Working with just a simple flower, focus on the
different stages of building up a watercolor
painting. Experiment with the changing roles of
your brushes, your pigment and your water.



Supply List:

- Fabriano HP 300lb or equivalent - ¼ sheets or approx 9x12
 - Tracing paper, Drawing paper, Sheet of foamcore to support HP paper (approx 12x15)
 - Sharp Pencils 2H, F, HB
 - Staedlar plastic eraser, Tombo Monozero eraser – available at jetpens.com, Emery board or sandpaper
 - Please bring your normal brush selection but include
 - Two round size 6 Brushes, at least one round Size 4 – Isabey 6227Z or your favorite equivalent
 - Any miniature brushes you might own
 - Any lifting brushes – brights, shaders, etc- small synthetic square ended flat brushes
- Bring your own palette, but please include a good range of colors. My palette includes :

Winsor and Newton – Artist's Quality Watercolor

- Lemon Yellow (Nickel Titanate), New Gamboge, Winsor Lemon, Green Gold
- Scarlet Lake, Permanent Rose, Permanent Alazarin Crimson, Quinacridone Magenta
- Winsor Blue (Green Shade), Prussian Blue, Permanent Sap Green, Viridian

Daniel Smith “Extra Fine Watercolors”

- Burnt Sienna, Raw Sienna, Ultramarine Blue

Clear water container

Palette

Paper Towel (Viva)

Magnifying glass

Please consider bringing a portable battery operated light, such as an Ott Lite, since existing lighting in the classrooms cannot be changed.

BIO:

Sarah Roche is Education Director of the Certificate program run by the Friends of the Botanic Garden at Wellesley College in Massachusetts, and has a degree in Graphic Illustration from the University of the West of England where she majored in Botanical Illustration. An experienced instructor, Sarah also teaches at the South Shore Art Center in Cohasset, MA where she is a Gallery Artist, and at the Isabella Stewart Gardner Museum in Boston. She is Education Chair of the American Society of Botanical Artists, Founding Director of the New England Society of Botanical Artists, and a professional artist member of the Copley Society of Art, Boston.