

American Society of Botanical Artists  
19<sup>th</sup> Annual Meeting and Conference  
Pittsburgh, 2013

Curling Kale Leaves  
**Lara Call Gastinger**

Saturday, September 28  
9:00 am – 4:00 pm  
Wyndham Hotel, Carnegie

Are you awed by the detailed intricacies of a kale leaf? Enjoy a class where you will be immersed into the world of the curling leaf edges of the Winterbor Kale. Learn to sketch and paint a sample leaf with the utmost detail.



#### Supply list

Fabriano artistico HOT press paper, 300 lb (cut one sheet into 4 pieces)  
round watercolor paintbrushes (sizes 00, 2, Series 7 is a good type)  
watercolor paints - Ultramarine, Prussian blue, Cadmium yellow light (either Winsor Newton or Schmincke) these are suggested colors, you can bring others that are similar)  
water dish  
small watercolor palette  
sponge  
tracing paper (at least 8 ½ x 11, can be a roll)  
HB pencil  
one zip lock bag (gallon size)  
battery operated Ott Light (there will not be plugs available)

#### BIO:

Lara Call Gastinger is the chief illustrator for the Flora of Virginia, a botanical reference manual that contains 1300 of her original illustrations. She has exhibited at the RHS and was awarded a gold medal. Her work was recently accepted into the Hunt Institute.