

American Society of Botanical Artists
24th Annual Meeting and Conference
St. Louis 2018

Maintaining a Field Sketchbook
Lara Call Gastinger

Friday, October 12, 2018

9:00 am – Noon

Location: Missouri Botanical Garden

Have you ever started a field sketchbook but ended up with incomplete pages and inconsistent entries? This class with botanist Lara Call Gastinger will teach basic plant identification, how to observe and document plants, and how to successfully maintain a sketchbook.



Supply List

- A journal. Page size should be around (does not have to be exactly) 6 x 9 (so when it is open, it is about 12 x 9). It should be an easy portable size. I also prefer Hot press (smooth paper) and heavy weight (140 lb is ideal but hard to come by). Not spiral bound. I think the softer journals are best since they can open flat. Here are a few options.
 - Strathmore – 500 series
 - Stillman/Birn – Zeta series
 - Fabiano academia sketchbook
- HB pencil
- Micron 01 pen
- Portable watercolor brush (Niji water brushes are good options)
- Portable watercolor travel set
- Small jar for water
- Anything to make you feel comfortable outside - hat, sunscreen, sunglasses, etc.

Instructor's Bio

Lara Call Gastinger is a botanical artist and illustrator for the Flora of Virginia Project. She was awarded a gold medal at the RHS show in London and her work has been in numerous ASBA traveling exhibits and the Hunt Institute for Botanical Documentation.